SOCIAL INTERACTION QUESTIONNAIRE

Please Use The Following Scale to Rate Each Response
• 0 = Not at all
• 1 = A little bit
• 2 = Somewhat
• 3 = Very much
• 4 = Extremely

1. I am afraid of people in authority.
2. I am bothered by blushing in front of people.
3. Parties and social events scare me.
4. I avoid talking to people I don’t know.
5. Being criticized scares me a lot.
6. Fear of embarrassment causes me to avoid doing things or speaking to people.
7. Sweating in front of people causes me distress.
8. I avoid going to parties.
9. I avoid activities in which I am the center of attention.
10. Talking to strangers scares me.
11. I avoid having to give speeches.
12. I would do anything to avoid being criticized.
13. Heart palpitations bother me when I am around people.
14. I am afraid of doing things when people might be watching.
15. Being embarrassed or looking stupid are among my worst fears.
16. I avoid speaking to anyone in authority.
17. Trembling or shaking in front of others is distressing to me.